

MEDICAL SERVICES

24/7 Emergency Responses
Ambulance
Hospitalization Assistance
Hospital Admission and Discharge Assistance
TPA coordination
Medical devices
Health Insurance
Diagnostic
Attendant/ Nurse at home
Physiotherapy
Doctor on Call
Dental
Medicine Refill
Nutritionist Assistance
Annual body check-up
Yoga and Fitness Services
Dementia
Orthopedic Rehabilitation
Neurological Rehabilitation



NON MEDICAL SERVICES

House Help
Home Security Services
Gardening Services
Pet Management Services
Grocery Refill Services
Travel Assistance
Financial planning, Annual tax filings
Vehicle maintenance, insurance
Support in pension processing
Banking Assistance
Visa, passport
Home safety



'EXCELLENTIAM at a Glance

1. Incorporated 29thOctober2014 , started functioning from April 2017
2. Two Verticals : **HEALTHCARE TOURISM** and **ELDERLY CARE**
3. Serviced successfully more than 350 International Medical Tourists so far
4. Professionals with accumulated experience of more than 150 years are managing Excellentiam
5. Operational in Dhaka, Kolkata ,Resident Office in Chennai and Bangalore
6. Shall open offices in Yangon, Kabul and Kathmandu in the near future
7. Aspire to service 300 Elderly people and 1000 Healthcare Tourists in a Year By March 2021
8. Sincerity is the Key

Our Elderly Healthcare Plan

1. Offering specialized healthcare management at home for senior adults
2. Convenience: Covering all the needs of elders as a “Professional Relative” of the elder
3. Engagement: Supporting emotional happiness for elders and re-inventing retirement
4. Safety: Providing utmost safety cover at home or while on the go to ensure maximum safety of elderlies
5. Emergency: Ensuring 24/7 emergency support with our emergency response mechanism
6. Periodic health assessment, quarterly digital health record updates

Health Services Include

- MBBS Doctor Consultation once a month to support preventive wellbeing
- Digitization of medical records for seamless access and monitoring
- Reminders for hospital check-ups, appointments, lab testing, etc.
- One-time full body check-up (annually)
- Fortnightly visit by registered nurse and periodic vitals monitoring
- Monthly consultation by a physiotherapist & dietician
- Elder Care Domain experts with an in-house dementia team
- Coordinated & monitored healthcare services at home (nurse/GDA/physic etc.)
- Post hospitalization care management, ICU @ home, chronic care at home support
- Orthopedic Rehabilitation in case of Joint problems Arthritis, Post knee / hip replacements, Post fracture rehabilitation, Ligaments sprains etc.
- Neurological Rehabilitation: Stroke, Paralysis, Parkinson's disease, Spinal cord disorder, Nerve pain and palsies
- Dementia Care at home
- Diagnostic Tests from well-known diagnostic centers with home sample collection and report at doorstep

Convenience Services Include

- Home maintenance support repair - housekeeping – installations
- Arranging daily needs – grocery, medicines, laundry, both routine and heavy cleaning
- Travel assistance, companion for domestic & international drops
- Financial planning, support in annual tax filings
- Assistance in shopping, purchase, government liasoning paper works
- Support in banking, financial transactions, a reminder for premiums, etc.
- Support in visa, passport related activities for travel
- Support in pension and insurance processing
- Finding house help, nanny, driver etc. from verified sources
- Support in pet management, veterinary treatments etc.
- Support in vehicle maintenance, insurance, workshop support, etc.
- Accompany an elder in family events or to locations in the city or out of city
- Support in horticulture, gardening activities, house shifting, logistics, etc.

Safety Services Include

- Elder home safety architectural recommendations
- Regular phone calls to check on the safety of the elder
- Record KYC of all home attendants, workers, servants, etc.
- 24/7 vehicle tow-away support in the city area
- Fortnightly/ ten days visit by a registered nurse and periodic vitals monitoring*
- Monthly consultation by physiotherapist & dietician*

*condition apply

Emergency Services Include

- 24/7 responder with or without paramedics
- Emergency coordination with family members
- Nodal hospital tie-ups for emergency support
- 24/7 care & coordination centre for emergency support
- Pre-updated medical data assurance for speedy emergency responses
- Insurance or TPA claim support during emergency
- Support with civil authorities, police, fire and local authorities
- Hospital coordination till the arrival of family members

Home Safety Tips for Seniors

- Consider a medical alert or a buddy system
- Keep fire extinguisher and smoke detector
- Never smoke when alone or in bed.
- Always get up slowly after sitting or lying down
- Wear proper fitting shoes with low heels
- Use a correctly measured walking aid
- Remove or tack down moveable rugs
- Ensure all stair rails are sturdy
- Remove electrical cords from walking areas
- Avoid applying slippery wax to surfaces.
- Never stand on a ladder or chair

Safety Hazards at House

- Carbon Monoxide
- Choking Hazards
- Sharp Objects
- Paints and Chemicals
- Window Cords
- Physical – Slippery floors, objects in walkways, unsafe or misused machinery, excessive noise, poor lighting
- Chemical – Gases, dusts, fumes, vapors and liquids
- Ergonomic – poor design of equipment, workstation design, manual handling, repetitive movement

Most Common At-Home Safety Risks for Seniors

1. **Falls** : Older people know that **falls** are the most common cause of injury sustained in old age. These **falls** can result in lacerations, hip fractures, and head traumas, amongst other injuries.
2. **Fires** : Fires are a risk in any home, and especially in homes where seniors may require the use of oxygen. To reduce the risk of a fire, always make sure there are smoke detectors with fresh batteries in the home.
3. **Poisoning** : Accidental poisoning can happen in several ways, and can be a particular risk to seniors who may have a lot of different medications. To avoid poisoning risks, install carbon monoxide detectors near all bedrooms, never heat a home with a stove or oven, avoid mixing cleaning products such as bleach or ammonia, keep medications organized and labeled in original containers, take medications in a well lit room in order to read the labels, and ensure that medications are being used as directed.
4. **Abuse and Crime** : Older adults can be vulnerable targets to wrongdoers with ill intentions, even in their own home. Protect the home by ensuring doors and windows have locks and never let strangers into the home, especially when a senior is by themselves.
5. **Consumer Products** : The U.S. Consumer Product Safety Commission reports that close to 1 million people over the age of 65 visit a hospital emergency room for product-related injuries every year. To reduce the risks of injuries caused by consumer products, items in the home are to be up-to-date.

THANK YOU

For any further assistance you may write / speak to us ..

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