

Glimpses of 'In-Home Services for Elders by 'Excellentiam Eldercare'

Non-Medical

- 1. Outside visit support: Doctor's appointment, accompany to friends and relatives, shopping, banking and other places
- 2. Companionship Chess, Cards, Carrom Board, New Hobbies, Book reading, Book reading thru Kindle, Morning/Evening walk support etc.
- 3. Technological Assistance: laptop, desktop, mobile phone, tablet, smart phone assistance. Familiarization with Internet / wifi connection, email, Skype, Facetime etc.
- 4. Pharmacy Check & Ordering and refill management
- 5. Odd Job Assistance (Supervision) for household maintenance through reliable third party

Psychological Counseling

Attendant Service

Emergency

- 1. 24 x 7 Emergency Assistance*
- 2. Ambulance service*
- 3. Hospitalization support *
- 4. Health Insurance and TPA authorization support
- Remote device support*

Wellness

- 1. Ayurveda Massage
- 2. Obesity Management
- 3. Yoga and Fitness for Elders
- 4. Dietician Consultation&Nutrition Management
- Activity and Progress Tracker
- 6. Periodic Health Checkup Assistance

Medical

- 1. Doctor on Call*
- 2. Doctor at home*
- 3. Nursing at Home
- 4. Physiotherapy at home
- 5. Orthopedic Rehabilitation in case of Joint problems Arthritis, Post knee / hip replacements, Post fracture rehabilitation, Ligaments sprains etc.
- 6. Neurological Rehabilitation: Stroke, Paralysis, Parkinson's disease, Spinal cord disorder, Nerve pain and palsies
- 7. Regular basic health monitoring as per doctor's guidance
- 8. Dementia Care at home
- 9. Diagnostic Tests from well-known diagnostic centers with home sample collection and report at doorstep

Nursing Home

Adult Day Care

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^{*}Agreea<mark>ble Und</mark>erstanding